Senior Home Safety Checklist

Use this checklist to identify potential hazards throughout the home and create a safer, more comfortable living environment for older adults.



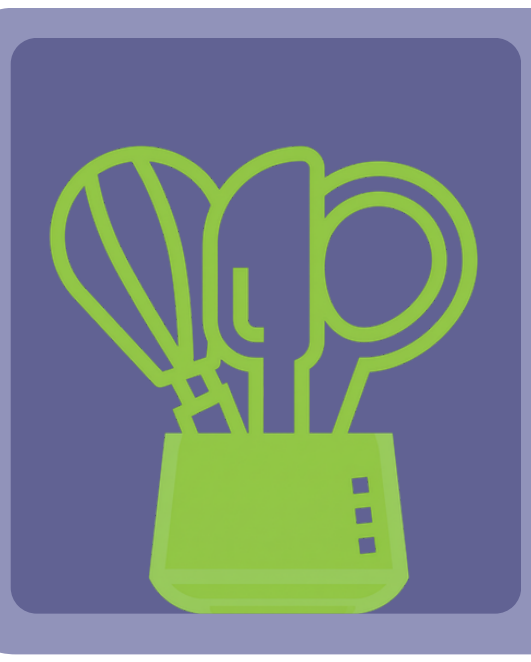
Entryway & Stairs

- Clear walkways of electrical cords, loose rugs, and other tripping hazards
- Ensure handrails are secure on stairs
- Check that entryways and stairways are well-lit



Bathroom

- Use non-slip mats in the tub and on the floor
- Install grab bars near the toilet and shower
- Keep frequently used items in reach



Dining & Living Room

- Use sturdy seating with arms for standing and sitting
- Check that stove controls are easy to read
- Replace worn oven mitts and damaged kitchen tools



Bedroom

- Place a lamp within easy reach
- Keep a clear path from the bed to the bathroom
- Make sure the bed height allows for easy entry and exit

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